



Healthlinc Apartments

Specialist Community Based Service
for Men and Women aged 18 years and over

 Part of Ramsay Health Care



Overview

Healthlinc Apartments is a community based service with nursing which provides care and support to adults with a learning disability or autism with complex needs or mental health problems.

Who we support:

- People currently living in the community who due to crisis require a period of person centred, intensive care and support
- Those who require a high level of support in a structured environment in order to avoid a hospital admission
- People transitioning from a hospital setting who require further support to progress to more independent living



Environment

Healthlinc Apartments provide a homely and spacious environment which replicates an ordinary living setting. This service design encourages individuals to maintain their own living space and encourages the development of daily living skills. Set within their own grounds in a quiet residential area, Healthlinc Apartments offers five ensuite bedrooms and two bespoke single person apartments. There is a communal lounge with patio doors that open out onto the rear garden, a kitchen and quiet lounge. Outside there are extensive private rear gardens with a summer house and patio areas with seating.

The team is made up of the Registered Manager, Nurses and Support Workers with further support if required, from the local Learning Disability Community Mental Health Team via GP referral.





Our approach

- Individually tailored support
- Care planning that is holistic and person centred
- Positive risk taking
- Strengths based approach
- Positive behaviour management strategies
- Access to meaningful and stimulating activity seven days a week
- Developing independent living skills and community engagement
- A strong emphasis on safeguarding
- Access to an Independent Advocat
- Multi-agency, family and partnerships involvement to help progress along care pathway

Outcomes

- Improvements in quality of life
- Greater choice, control and independence
- Social inclusion through active community, family and friends engagement
- Reduction of risk
- Improved physical health by working closely with the local GP and community services
- Improved self-esteem and self worth
- Dignity and respect
- Successful transition into a supported living if appropriate



About Elysium Learning Disabilities and Autism

Elysium provides a range of specialist services for people with learning disabilities, autism and complex needs. Our community based services deliver specialist care that meets Transforming Care priorities and is tailored to the individual's needs, enabling people to lead independent, meaningful lives as active members of the community.

Within our community based services we are able to provide support for those who have profound and multiple learning disabilities, autism and sensory communication difficulties, along with providing expert nursing care and support for people with complex needs and behaviours which are seen as challenging.

These community based services provide a structured setting that may suit those who are stepping down from hospital or avoiding an inappropriate hospital admission. The teams within our registered care services are also specialists in working with epilepsy and young people transitioning into adulthood. A number of our service users will move on from here to more independent settings such as supported living, alternatively some will be cared for longer term.

Service User profile

The service is specialist in providing care for:

- Men and women with a learning disability or Autism
- Individuals with ongoing risks and complex needs
- Those who are supported through Community Treatment Orders, Deprivation of Liberties Safeguards and Guardianship orders

Healthlinc Apartments is ideal for those who:

- Are currently or have previously been in hospital and who require further support to live more independently
- Are living in the community who due to crisis require a period of person-centred intensive care and support
- Want to avoid hospital admission but have a high support need requiring a structured environment and intensive care and support

To discuss Healthlinc Apartments in more detail, arrange a visit or make a referral please call our 24 hour Referral Line **0800 218 2398** or email referrals@elysiumhealthcare.co.uk

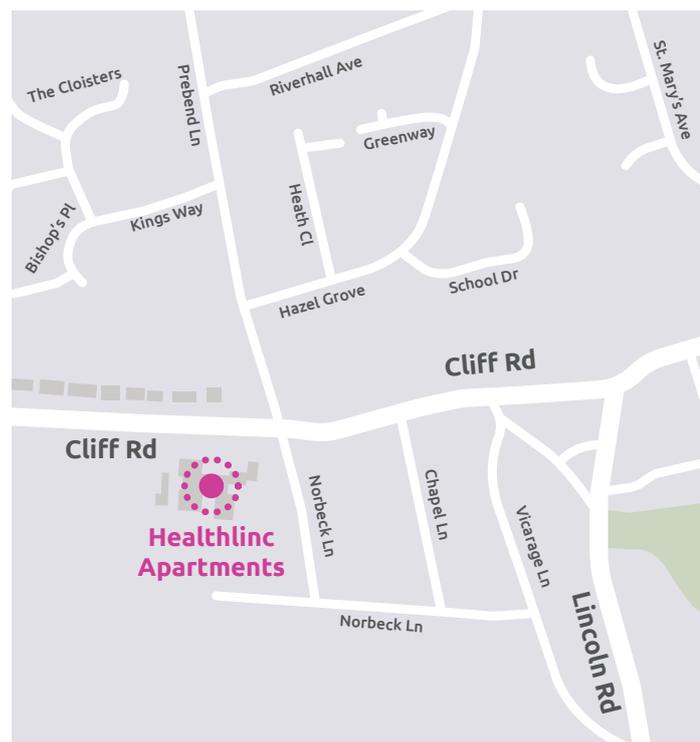


About Healthlinc Apartments

Healthlinc Apartments is part of a learning disability pathway of services for men and women, located in Welton, Lincolnshire.

The village of Welton has a number of local amenities, such as shops, cafes, library and church and is a relaxed local environment that provides an ideal setting for individuals to move towards greater independence and engage in a meaningful way in the community.

Welton is situated within 20 minutes' drive of Lincoln city centre and around one hour's drive away from Nottingham, Doncaster, Hull and the seaside resort of Skegness.



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This information is available in different languages, Braille, Easy Read and BSL on request