



The Cottage

Specialist Community Based Service

 Part of Ramsay Health Care



Overview

The Cottage supports men who have a learning disability, or autism and who may have complex needs or mental health problems. The Cottage provides a high level of support for individuals needing supervision within a community based setting as part of their pathway towards more independent living. This can either be stepping down from hospital care or a period of support where a community placement has broken down.



Environment

The Cottage is a homely and spacious environment which replicates an ordinary living setting and encourages individuals to maintain their own living space and develop daily living skills. There is a balanced combination of both shared and private living spaces to help give a structured and safe environment.

The team at The Cottage is made up of the Registered Manager, Senior Support Workers and Support Workers with further support if required, from the local Learning Disability Community Mental Health Team via GP referral.





Our approach

- Individually tailored support
- Care delivered and reviewed following My Plan
- Positive risk taking
- Strengths based approach
- Positive behaviour management strategies
- Access to meaningful and stimulating activity seven days a week
- Developing independent living skills and community engagement
- A strong emphasis on safeguarding
- Access to an Independent Advocate
- Multi-agency, family and partnerships involvement to help progress along care pathway

Outcomes

- Improvements in quality of life
- Greater choice, control and independence
- Social inclusion through active community, family & friends engagement
- Reduction of risk
- Improved physical health by working closely with the local GP and Community Services
- Improved self-esteem and self worth
- Dignity and respect
- Successful transition into supportive living if appropriate



About Elysium Learning Disabilities and Autism

Elysium provides a range of specialist services for people with learning disabilities, autism and complex needs. Our community based services deliver specialist care that meets Transforming Care priorities and is tailored to the individual's needs, enabling people to lead independent, meaningful lives as active members of the community.

Within our community based services we are able to provide support for those who have profound and multiple learning disabilities, autism and sensory communication difficulties, along with providing expert nursing care and support for people with complex needs and behaviours which are seen as challenging.

These community based services provide a structured setting that may suit those who are stepping down from hospital or avoiding an inappropriate hospital admission. The teams within our registered care services are also specialists in working with epilepsy and young people transitioning into adulthood. A number of our service users will move on from here to more independent settings such as supported living, alternatively some will be cared for longer term.

Service User profile

The service is specialist in providing care for:

- Men with a learning disability or Autism
- Individuals with ongoing risks and complex needs
- Those who are supported through Community Treatment Orders, Deprivation of Liberties Safeguards and Guardianship orders

The Cottage is ideal for those who:

- Are currently or have previously been in hospital and who require further support to live more independently
- Are living in the community who due to crisis require a period of person-centred intensive care and support
- Want to avoid hospital admission but have a high support need requiring a structured environment and intensive care and support

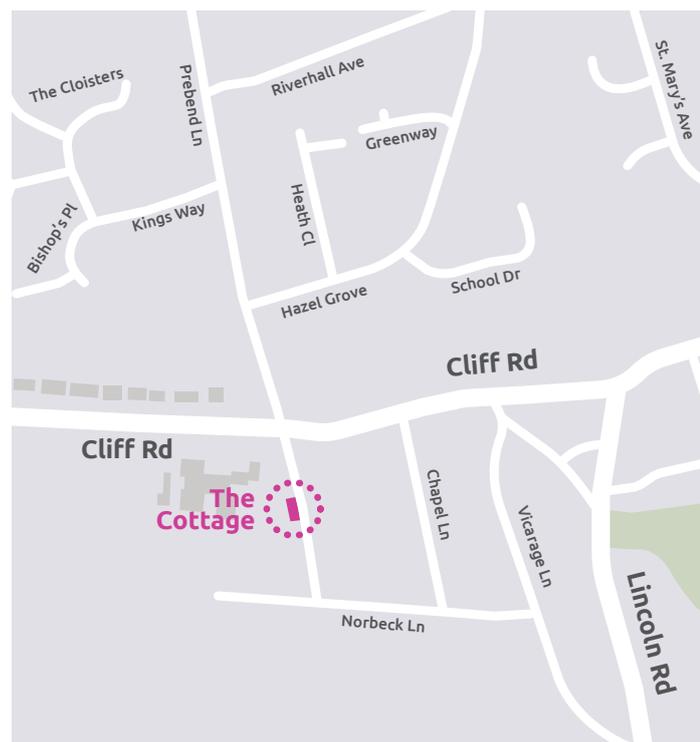
To discuss The Cottage in more detail, arrange a visit or make a referral please call our 24 hour Referral Line **0800 218 2398** or email referrals@elysiumhealthcare.co.uk



About The Cottage

The Cottage is, located in Welton, Lincolnshire. The village of Welton has a number of local amenities, such as shops, cafes, library and church and is a relaxed local environment that provides an ideal setting for individuals to move towards greater independence and engage in a meaningful way in the community.

Welton is situated within 20 minutes' drive of Lincoln city centre and around one hour's drive away from Nottingham, Doncaster, Hull and the seaside resort of Skegness.



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This information is available in different languages, Braille, Easy Read and BSL on request