



Overview of the Service

Bradley Apartments provides services for men and women with a learning disability and / or autistic spectrum disorder and complex conditions such as mental health problems, challenging behaviour, personality disorder and forensic issues.

The Apartments provide registered care with nursing as a short term community based option for those leaving hospital to support a successful transition or for those who require a period of intensive support in a structured and robust care setting.

Model of Care

Bradley Apartments is an ideal step down service from hospital and forms part of a pathway out of Bradley Complex Care hospital, but can also be accessed by those leaving other hospitals. The service provides a short term community based step down option to allow people to make the often difficult transition out of a hospital setting into a more permanent community based placement. It allows individuals to experience support in a care setting but one which is robust and structured to enable any risks and behaviours to be supported. The service is staffed 24/7 by the registered manager, a dedicated team of registered nurses and support workers.

Person Centred care incorporates the following elements:

- Individually tailored recovery and rehabilitation support
- Positive Behavioural Informed care through the use of functional behaviour data reviewed monthly in Behaviour Consultation meetings
- The support of a multi-disciplinary team as part of the package of care if required
- Positive risk taking
- Strengths based approach
- Developing independent living skills and community engagement
- Support of in-house physical healthcare co-coordinators
- A strong emphasis on safeguarding
- Robust clinical governance
- Access to independent advocacy
- Strong multiagency and family partnerships to ensure a holistic package of care and pathway



Outcomes and Benefits:

- Successful transition from hospital towards a permanent community based placement
- Improvements in quality of life
- Greater choice, control and independence
- Social inclusion through active community engagement
- Effective management of behaviour
- Reduction of risk
- Good physical health
- Improved self-esteem and self-worth
- Dignity and respect



Service User Profile

The service is specialist in providing care for:

- Men and women with learning disability and / or a Autism Spectrum Disorder
- Men with forensic histories, including sexual offending
- Individuals with ongoing risks, behaviours which may challenge and complex needs
- Those who are supported through Community Treatment Orders, Deprivation of Liberties Safeguards and Guardianship orders

The Apartments are ideal for those who:

- Are currently or have previously been in hospital and require further support to progress to a more independent living setting
- Are living in the community who due to crisis require a period of person centred intensive care and support in a community based service
- Want to avoid hospital admission but have a high support need requiring a structured environment and intensive care and support

Community Integration and Discharge Preparation

Bradley Apartments is situated in the village of Bradley three miles south west of Grimsby. The village benefits from a number of local amenities including a leisure centre and is a relaxed local environment that provides an ideal setting for individuals to move towards greater independence and engage in a meaningful way in the community. There is an emphasis on accessing mainstream resources within the local community, providing patients with the opportunity to access facilities and develop their skills.

Discharge is planned on admission with the individual, their family and care team and people may move on to their own home, supported living or residential settings.

There is a regular bus service from Bradley to Grimsby and Bradley Apartments is situated within a 15 minute drive from Grimsby town centre. Bradley is easily accessible by car from York, Sheffield, Doncaster, Hull, Lincoln, Leeds, Rotherham and Wakefield.

The Environment

Located on the first floor of the Bradley complex, the service has its own separate entrance and lift with disabled access, reception, visiting areas and access to private gardens.

The robust apartments are either single occupancy apartments or for two or three individuals and each apartment provides a bedroom with en-suite facilities for each person and shared kitchen, dining and living spaces.



For further information, to arrange a visit, or make a referral, please call our 24 hour referral line on **0800 218 2398** or email referrals@elysiumhealthcare.co.uk