Elysium
Care Partnerships

Fairmead House

Specialist Learning Disability & Autism Community Based Living

Overview

Fairmead House is a registered care home which embraces and balances the management of risk with comfort, homeliness, dignity, respect and choice. The service is designed for those who wish to live as independently as possible within a residential service. It is a specialist step down service for men and women with a learning disability, autistic spectrum condition and/or complex conditions such as mental health issues, and behaviours considered as challenging. We are also able to support individuals with a forensic history.

The unique building design provides six single person apartments and communal spaces including, lounges, dining room and laundry. Each apartment has its own lounge / diner, bedroom and ensuite and has its own front door. There is access to a large shared garden at the back of the building.

The service is staffed 24 hours a day by a dedicated team of support workers and registered manager.

Person centred care incorporates the following elements:

- Individually tailored support
- Supporting individuals to achieve their personal goals and aspirations
- Positive risk taking
- Strengths based approach
- Positive Behaviour Support (PBS)
- Access to meaningful and stimulating activity seven days a week, including vocational and educational opportunities
- Developing independent living skills and community engagement
- A strong emphasis on safeguarding
- Access to independent advocacy
- Strong multiagency and family partnerships to ensure a holistic package of care and pathway

Service Outcomes:

- Enhanced quality of life
- Greater choice, control and independence
- Social inclusion through active community engagement
- Reduction of risk through positive risk taking
- Supporting individuals to access mainstream health services leading to a healthy wellbeing
- Improved self-esteem and self-worth
- Dignity and respect
- Successful transition on to more independent living (if appropriate)

About Fairmead House

Fairmead House is in Kendal, situated to the South of the Lake District & six miles from junction 36 of the M6 motorway. It is located only 10 minutes walking distance to the town centre, where there is a good range of local amenities and facilities. It also is easy walking distance to the main bus station and Kendal train station, therefore providing good transport links.

About Elysium Learning Disabilities & Autism

Elysium provides a range of specialist services to people with learning disabilities, autism and complex needs.

Our community based services deliver specialist care that meets Transforming Care priorities and is tailored to the individual's needs, enabling people to lead independent, meaningful lives as active members of the community.

Within our community based services we are able to provide support for those who have profound and multiple learning disabilities, autism and sensory communication difficulties, along with providing expert nursing care and support for people with complex needs and behaviours that challenge, such as mental health needs and personality disorder.

These community based services provide a structured setting that may suit those who are stepping down from hospital or avoiding an inappropriate hospital admission. The teams within our registered care services are also specialists in working with epilepsy and young people transitioning into adulthood. A number of our service users will move on from here to more independent settings such as supported living, alternatively some will be cared for longer term.

For further information, to arrange a visit, or make a referral please call our 24 hour Referral Line - **0800 218 2398** or email eferrals@elysiumcp.co.uk

This information is available in different languages, Braille, Easy Read and BSL on request

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