

# Gregory House

Specialist Learning Disability & Autism  
Community Based Living



## Overview

Gregory House is a purpose-built care home which embraces and balances the management of risk with comfort, homeliness, dignity, respect and choice. It is a specialist service for men and women with a learning disability, autistic spectrum condition and / or complex conditions such as mental health issues, personality disorder and behaviours that may be seen as challenging. We are also able to support individuals with a forensic history.

### Gregory House is suitable for those individuals who:

- Are currently living in the community, but require a period of time within a structured environment with intensive care and support to avoid a potential hospital admission
- Are currently in hospital and require further support to progress to a more independent living setting

The service provides registered nursing care in three units. All of the units have en-suite bedrooms and communal lounges, dining rooms, rehab kitchens and laundries. We also provide Gregory Apartments which are four bespoke apartments with a high specification and dedicated staff teams delivering our Complex Care model.

Gregory House and Gregory Apartments benefit from the multi-disciplinary support of Nurses, Psychologist, Occupational Therapists, Therapy Assistants and Activity Co-ordinators.

### Person Centred care incorporates the following elements:

- Individually tailored support
- Supporting individuals to achieve their personal goals and aspirations
- Positive risk taking
- Strengths based approach
- Positive Behaviour Support
- Access to meaningful and stimulating activity seven days a week, including vocational and educational opportunities
- Developing independent living skills and community engagement
- A strong emphasis on safeguarding
- Access to independent advocacy
- Strong multiagency and family partnerships to ensure a holistic package of care and pathway



### Service Outcomes:

- Enhanced quality of life
- Greater choice, control and independence
- Social inclusion through active community engagement
- Reduction of risk through positive risk taking
- Supporting individuals to access mainstream health services leading to a healthy wellbeing
- Improved self-esteem and self-worth
- Dignity and respect
- Successful transition into more independent living if appropriate

### About Gregory House

Gregory House is situated in Workington, in Cumbria in the heart of the local community within walking distance of an extensive range of local amenities and facilities. There are good transport links to the rest of Cumbria.



### About Elysium Learning Disabilities & Autism

Elysium provides a range of specialist services to people with learning disabilities, autism and complex needs.

Our community based services deliver specialist care that meets Transforming Care priorities and is tailored to the individual's needs, enabling people to lead independent, meaningful lives as active members of the community.

Within our community based services we are able to provide support for those who have profound and multiple learning disabilities, autism and sensory communication difficulties, along with providing expert nursing care and support for people with complex needs and behaviours that challenge, such as mental health needs and personality disorder.

These community based services provide a structured setting that may suit those who are stepping down from hospital or avoiding an inappropriate hospital admission. The teams within our registered care services are also specialists in working with epilepsy and young people transitioning into adulthood. A number of our service users will move on from here to more independent settings such as supported living, alternatively some will be cared for longer term.

For further information, to arrange a visit, or make a referral please call our 24 hour Referral Line - **0800 218 2398** or email [referrals@elysiumcp.co.uk](mailto:referrals@elysiumcp.co.uk)

**This information is available in different languages, Braille, Easy Read and BSL on request**



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 Part of Ramsay Health Care