

Three Valleys

Specialist Neuropsychiatry Service for Men

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Overview of the Service

Oakworth Ward at Three Valleys offers support for up to nine men who are living with a neuroprogressive disorder and who, through their illness, may have developed behaviours which to some, can be seen as challenging. The service offers intensive support combined with the expertise of a multidisciplinary team and specially trained support staff. The aim is for people to step down to a mainstream care home environment should the presenting risks be minimised however, the staff team support individuals with dignity and respect through their end of life pathway, should that be required.

Service Aims

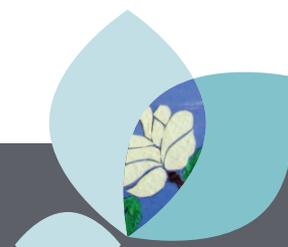
The staff team work hard to maximise and maintain the functional abilities of each individual who comes to Three Valleys. Through proactive nursing, backed by the multidisciplinary team we aim to reduce the use of psychotropic medication, minimise distress to the patient and risk to others.

We work in partnership with and value the relationships we have with families and friends. Families are vital in helping to build personalised care plans as they know their person best of all. We are proud to have excellent family involvement.

Environment

With individual needs a priority, Oakworth Ward is based on the ground floor. Each bedroom is en-suite and the ward is uncluttered and naturally lit. There is an accessible bathroom on the ward and easy access to the safe garden and sensory areas. Family visiting space is available both on and off the ward.

The ward has nine beds and incorporates a dementia friendly building design and décor with direct access to outside space to meet the patient groups need for a therapeutic environment.





Admission Criteria:

- Men with a primary diagnosis of dementia or related neuropsychiatric conditions
- Those whose physical illness or frailty contributes to, or complicates, the management of their mental health problem
- Men with psychiatric or neuropsychological and social difficulties whose needs are best met by an inpatient service for older men
- Individuals who may present with risks or challenging behaviours that cannot be managed safely in the community, nursing home or a residential setting
- People with psychological or social difficulties related to the ageing process, or end-of-life issues, or who feel their needs may be best met by a service for older people
- Men who are subject to Deprivation of Liberty Safeguards (DoLS) or those who are detained under the Mental Health Act 1983 (amended 2007)

Service Provision

We offer an admission and assessment service that is truly person centred for male patients with challenging behaviour, complex mental health and physical health needs.

As an overview the service is available for patients with either a diagnosis of a neuropsychiatric condition, dementia or a functional illness, as well physical health problems.

The inpatient care service provides specialist expertise with intensive levels of assessment, monitoring and treatment. Inclusion of all disciplines as part of the multidisciplinary clinical and management team is crucial.

The service provision includes:

- An experienced consultant who specialises in psychiatry for older people
- RMNs including Ward Manager and Deputy Ward Managers with extensive experience in older people inpatient services and management of challenging behaviour
- Psychology team specialising in cognitive and behavioural assessments including the ACE-III, MOCA, RUDAS, and OAS-MNR (MOAS), as well as Cognitive Stimulation Therapy (CST). Positive Behavioural Support (PBS) plans are used to support the reduction of challenging behaviour through a person centred approach.
- Provision of highly specialised occupational therapy delivering OT assessments, OT group and individual activities, as well as recreational and dementia strategies-focused activities

Enhanced Physical Healthcare Provision:

Oakworth Ward has

- An in house Practice Nurse (RGN) and links with local GPs to ensure that the in reach GP service is closely aligned with the hospital's medical and nursing team.
- The team also have strong links with the local hospitals' geriatric department. This is supported by pharmacist input to manage the polypharmacy that is common in the older population
- A multidisciplinary approach applies a collaborative approach to care. Our nursing team are available 24 hours a day and have continuing responsibility for assessment and planning of care

What are the Benefits

- Individual person centred care and support
- Latest guidance on dementia friendly environments has informed the design and décor of Oakworth Ward
- Enhanced physical health provision
- Focus on quality of life tailored to each individual

Referrals

Referrals are accepted from acute services, rehabilitation units, community nursing and residential services including units specialising in behaviours which are seen as challenging.

This information is available in different languages, Braille, Easy Read and BSL on request

For further information, to arrange a visit, or make a referral, please call our 24 hour referral line: **0800 218 2398** or email: referrals@elysiumhealthcare.co.uk



To view our video tour, please visit elysiumhealthcare.co.uk

 Part of Ramsay Health Care