



Bradley Complex Care

A specialist service for men and women with complex needs

 Part of Ramsay Health Care



An Overview of Bradley Complex Care

At Bradley Complex Care we provide a specialist service for men and women with complex needs who have a primary diagnosis of learning disability, mental health issue or personality disorder.

Our service supports those with complex conditions, needs and risks who display behaviours of concern and pose challenges for services.

The environment is a unique element of the service. We provide care in a range of small, shared gender-specific or single person apartments. This allows the treatment and rehabilitation programme to be delivered in a domestic environment which replicates community living more closely than a ward environment. These settings also allow bespoke care to be delivered for the individual and risks and behaviours to be more effectively managed.



Supporting complex needs

We offer:

- Time limited stabilisation, treatment and rehabilitation placements
- Individualised and intensive treatment through our High Intensity Service in single occupancy apartments
- A step down pathway for those with a learning disability / autism to Bradley Apartments

Our service is specialist in providing care for individuals with a range of complex conditions which could include:

- Mental ill health and / or personality disorder
- Learning disability and / or autism
- Highly complex and severe challenging behaviour

Our hospital is able to accept patients detained under the Mental Health Act 1983 (amended 2007), including Restriction Orders and those supported by Deprivation of Liberties Safeguards (DoLS) who require multi-disciplinary support.

Our service is staffed 24/7 by a dedicated and highly specialist team of nurses and support workers. A holistic, psychosocial treatment programme is provided by a full multi-disciplinary team which includes; Consultant Psychiatrist, Psychologists, Occupational Therapists, Speech & Language Therapists and Social Worker.

All of our staff are trained in working with mental health, learning disabilities, personality disorder, autism and working with challenging and complex behaviour and transgender people.





Our treatment and rehabilitation programme incorporates the following elements:

- Individually tailored treatment and rehabilitation pathways to enable a move on into the community, keeping length of stay to a minimum
- Positive risk taking
- Strengths based approach
- Positive behavioural support and behaviour management strategies
- Care planned psychological therapies guided by functional assessments of behaviour and sensory needs assessment
- Access to outcomes focused meaningful activity seven days a week
- Developing independent living skills and community engagement
- A strong emphasis on safeguarding
- Robust clinical governance
- Access to independent advocacy
- Strong multiagency and family partnerships to ensure a holistic package of care and pathway

At Bradley Complex Care we aim to deliver the following outcomes:

- Improvements in mental health and patient symptoms
- Effective management of behaviour and reduction in behaviours of concern
- Reduction of risk
- Preparation for independent living
- Good physical health
- Improved self-esteem and self-worth
- Social inclusion
- A successful transition into the community



About Elysium Healthcare

Elysium Healthcare brings together a unique approach to the delivery of care where the patient is embedded in the heart of all aspects of hospital life.

Together, our staff, our patients and our stakeholders shape the care of today and the future. The services we provide are highly specialised and have been uniquely developed with the individual patient in mind. Our programmes are evidence based and are supported by careful research. Our aim is to ensure that the patient is a partner in their care agreeing shared aims and objectives that motivate to progress and move forward. We work on a collaborative basis with all stakeholders to help the patient move through the care pathway so that where possible, independent living can be achieved.

At Elysium Healthcare we provide a range of specialist services across mental health care, neurological care, education, children's services and private patient services.

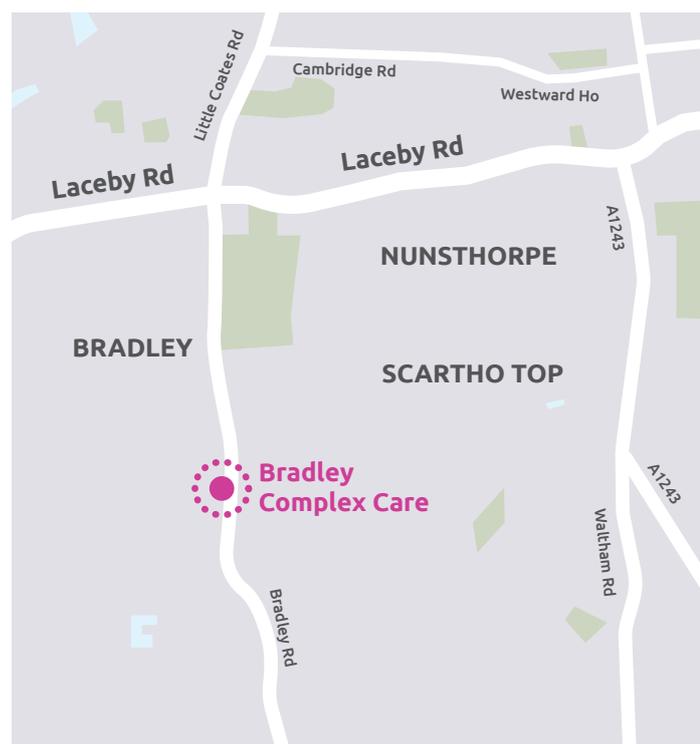




About Bradley Complex Care

Bradley Complex Care is located in Bradley, Grimsby, North East Lincolnshire. The location provides a more relaxed local environment than a busy inner-city setting to enable patients to engage in their therapeutic programme, thus increasing the pace of recovery and speeding up discharge. Bradley is just 90 minutes by car from York, Sheffield and Mansfield.

At Bradley Complex Care we offer a pathway for those with learning disabilities and / autism into Bradley Apartments specialist registered care service, with nursing.



Contact details:

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To discuss Bradley Complex Care in more detail or to arrange a visit or make a referral please call our 24 hour referral line on **0800 218 2398** or email **referrals@elysiumhealthcare.co.uk**

This information is available in different languages, Braille, Easy Read and BSL on request