



## **Emerald Place Clinic**

Mental health inpatient service for young people



## Introduction

Surrey and Borders Partnership NHS Foundation Trust and Elysium Healthcare are working in partnership to provide a new mental health inpatient service for young people in Surrey in a new purpose-built unit. Emerald Place Clinic is available solely for NHS funded care and treatment and the partnership brings together complementary expertise and best practice to jointly manage the inpatient unit and deliver a high-quality service for young people.



## About Emerald Place Clinic

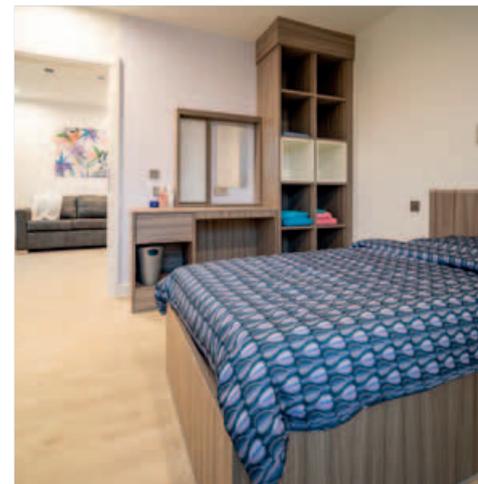
The single storey building is made up of 12 spacious en-suite bedrooms. Each bedroom is finished to a high standard and young people are encouraged to personalise their spaces. The enclosed garden and leisure area is surrounded by raised planting beds, with sheltered seating offering access to fresh air and recreational outdoor space.

The spacious communal areas help promote socialisation within the young person's peer group. The lounge and separate dining area provide calm spaces where young people can focus on their meals with the support from staff.

### Environment

Emerald Place Clinic is situated in Charlwood, Surrey. It is a purpose built, well-equipped environment which provides 12 individual ensuite bedrooms including a 2-bed Extra Care Area (ECA), a variety of lounge and recreational spaces, therapy rooms and a well-resourced school.

In addition to the internal space there is an attractive courtyard garden and a pleasant outdoor green space, which is available for use by visitors to the service and to facilitate escorted Section 17 leave.





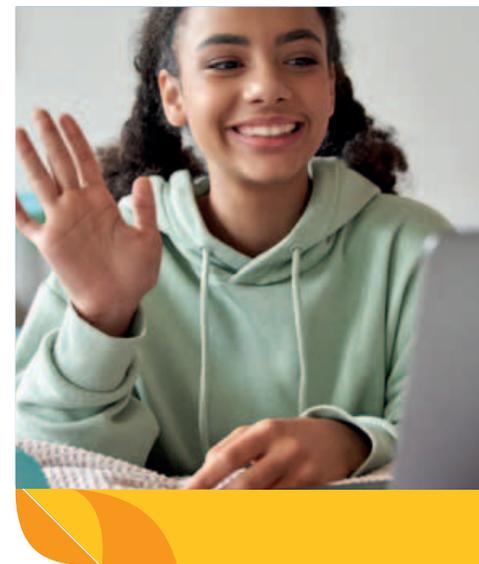
*Putting children and young people at the heart of all that we do*



## Education

There is an Ofsted registered independent school onsite which offers education from Key Stage 3 (KS3) through to GCSE and A-levels. The education team enables young people to continue with their schooling whilst receiving treatment, in partnership with their local school and education authority.

The education team will liaise with the young person's current school or college and will set work or support the young person with any work sent.



## Approach

We have a dedicated Multidisciplinary Team (MDT) that provide specialist person-centred care tailored to meet individual needs. The team consists of Psychiatrists, Nurses, Healthcare Assistants, Occupational Therapists, Psychologists, Therapists, and teaching staff. The team provides a full assessment of the young person and uses a holistic approach to care, based on an understanding of emotional and physical needs, helping individuals move away from potentially harmful and destructive behaviours. The MDT follows the Care Programme Approach (CPA) which is a process within specialised

mental health services to assess a young person's needs, put a plan of care in place and review the implementation of this plan. The CPA is followed for all young people admitted to Emerald Place Clinic, with formal CPA meetings held at a minimum frequency of once every 6 weeks; they may be more frequent according to need. The initial CPA meeting will be held within the first two weeks of admission. Each CPA will involve the wider inpatient MDT (including school), the young person, family or carers and any involved external professionals and services.



## Group Therapy

The therapy department coordinate and lead the group therapy programme. This programme involves therapeutic group work and therapeutic physical activity. Groups are clinically reviewed monthly to ensure there is scope to be responsive to the individual needs of the young people. Group work offered includes relaxation techniques, coping skills, recovery, self-soothing and peer group activities.



## Community to inpatient pathway

For young people who are resident in Surrey and/or are Surrey looked after children the staff at Emerald Place Clinic work closely with a community-based provider of emotional wellbeing and mental health services. This provider is called Mindworks Surrey and is an alliance of NHS, national and local voluntary sector organisations working to meet the needs of children and young people by providing advice, help and support in the local community as close to home as possible. As an alliance and wider system of children's services there is a commitment shared by Elysium and Surrey and Borders Partnership NHS Foundation Trust to providing the right care and support at the right time in the least restrictive environment possible. The addition of Emerald Place Clinic ensures that more care needs can be met within Surrey in a timely way.



## Admission Criteria

- Young people admitted to the unit will typically have a wide range of mental health disorders and complex needs. These may include mental health conditions such as mood disorders, acute psychosis, or disordered eating.
- Primary diagnosis of a mental disorder or illness including young people with neurodevelopmental disorders, including mild learning disability and autism.
- Severe and complex needs that cannot be safely managed within community children and young people's services.
- Aged 13 years until their 18th birthday. There may be cases where 12-year-olds may be more appropriately admitted to a CYPS Tier 4 service than a Childrens Unit.
- May require detention under the Mental Health Act 1983 (amended 2007) although this is not a prerequisite.
- Young people transferred from other geographical areas who have been determined as ready to relocate back to their home locality.



## Contact details:

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To discuss Emerald Place Clinic in more detail or to arrange a visit or make a referral please call our 24 hour referral line on **0800 218 2398** or email **[referrals@elysiumhealthcare.co.uk](mailto:referrals@elysiumhealthcare.co.uk)**

**This information is available in different languages, Braille, Easy Read and BSL on request**



To view our video tour, please visit **[elysiumhealthcare.co.uk](http://elysiumhealthcare.co.uk)**