Elysium
Neurological

Lakefields Neurological Centre

Elysium Neurological provides specialist rehabilitation for people with acquired brain injuries, spinal cord injuries and other neurological conditions. Lakefields Neurological Centre has been fully refurbished to provide specialist care and support for people over 18 years who have an Acquired or Traumatic Brain Injury (ABI/TBI), complex physical care needs or other neurological condition.

Part of Ramsay Health Care

About Us

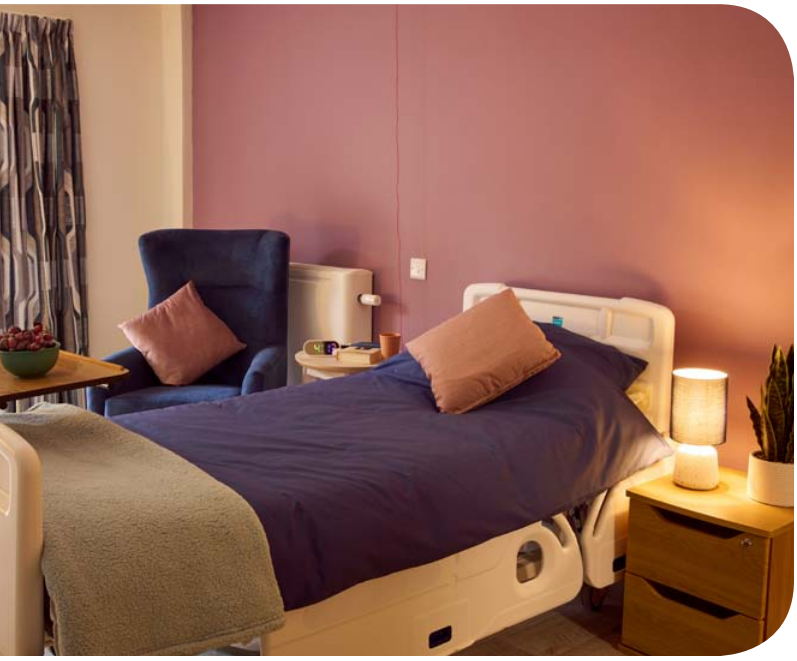
Lakefields is a 22-bed specialised neurological centre situated in two acres of peaceful lakeside grounds in Chigwell, Essex close to community facilities and amenities. It has been designed to meet the specialist requirements of those affected by neurological conditions. The service offers ongoing assessment, treatment, and rehabilitation whilst providing complex physical, tracheostomy and respiratory care.

People we support

We are committed to providing the highest standard of neurological care and rehabilitation to support a wide range of specific conditions with an even wider range of symptoms. Lakefields provides specialist care and expert therapeutic interventions encompassing physical, psychological, emotional, and social needs of men and women affected by the majority of neurological conditions including:

- **Complex Physical Conditions - including disorders of consciousness, spinal injury, tracheostomy care, ventilation, and complex stroke.**
- **Neurorehabilitation – assessment, rehabilitation, flexible packages for people with acquired or traumatic brain injury (ABI or TBI) or other neurological conditions.**
- **Neuroprogressive Conditions - including Motor neurone disease (MND), multiple sclerosis (MS) and Parkinson's disease.**

The staff team are experienced in supporting people from acute inpatient settings who require active or longer term neurorehabilitation. The service can provide packages of complex physical healthcare including tracheostomy and ventilator care and support for people with a prolonged disorder of consciousness (PDOC). We can also support people who require a shorter period of admission for respite care.



The Multidisciplinary Team

The specialist Multidisciplinary Team (MDT) led by the Registered Manager is based on site and includes Visiting Consultant in Rehabilitation Medicine, Registered Nurses, Occupational Therapist, Physiotherapy, Speech and Language Therapist, Healthcare and Therapy Assistants, a Dietician, and links with specialist NHS respiratory teams. Twenty-four-hour care is provided by a dedicated team of Nurses and Support Workers. Working closely with primary care services the team has links with local GPs, Diabetic Nurse Specialists, podiatry and other specialisms as required.

The clinical team specialise in delivering expert respiratory and complex physical care together with assessing, treating, and managing active rehabilitation for adults who have an ABI, TBI or other neurological condition. All staff have specialist training to ensure that ongoing risks are managed by the service. This includes tracheostomy and ventilator care, respiratory management, and expertise in a range of neurological and spinal conditions. The site is supported through both external and internal training together with standard online training opportunities to enhance the knowledge and skill base of the whole team.

Referrals / Enquiries:

24hr Referral Line: **0800 218 2398**
Email: **referrals@elysiumhealthcare.co.uk**

Neurorehabilitation

Where possible the MDT work closely with the individual and those that know the person best to develop person-centred programmes based on their aspirations and motivations. This approach is recognised as a key element of a successful and long-lasting rehabilitation. The service aims to minimise the impact arising from an ABI, TBI or other neurological condition whilst maximising individual choice and independence in a safe, nurturing environment.

The service provides:

- **Ongoing assessment and formulation of needs to inform care planning**
- **A therapeutic environment that maximises opportunities for positive outcomes and achievement of skills**
- **Person-centred care that effects change to support people to progress through the service and either return home or move to a community setting**

Accommodation

The accommodation is on one level and includes 22 spacious ensuite bedrooms with internal access to individual patio areas and views of the gardens, some rooms also have views to the lake. The various indoor and outside recreational areas are designed to promote social interaction as well as providing quieter, low stimulus areas.

The interior of the fully refurbished building provides a tailored clinical environment that meets both the needs of the residents and environmental standards. Several bedrooms are equipped with high dependency facilities such as piped oxygen and all bedrooms have ceiling track hoists.

Sustainable heat and light sources ensure that the service is low carbon, energy efficient and contributes to improved air quality. Throughout the building, colours have been chosen to promote a low stimulus and welcoming environment.

Therapy Suite

Gymnasium - a purpose-built gym with specialist equipment. People are supported by the therapy team and therapeutic programmes to maximise recovery and maintain wellbeing and quality of life.

Sensory Room - A multi-sensory environment with colour shifting lights, projected images, sounds, tactile objects, and scents to stimulate and relax.

Grounds - Residents and their friends and families have access to the extensive outdoor grounds that surround the service.

Admission criteria

Each person is different, so too is every brain injury and the journey that follows. Whilst we list the inclusion criteria for admission to Lakefields Neurological Centre, we always consider clinical assessment and the current residents within the centre at any one time.

The service can accept people without legal safeguards, but also those under Deprivation of Liberty Safeguards (DoLS). Lakefields accepts people aged over 18 years, with a primary neurological or spinal diagnosis, which can cover a wide range of presentations and conditions including:

- **Prolonged Disorders of Consciousness (PDOC) Acquired Brain Injury (ABI) or Traumatic Brain Injury (TBI)**
- **Complex respiratory care including tracheostomy and ventilator care**
- **Assessed as potential to benefit from neurorehabilitation**
- **Stroke**
- **Spinal Injury**
- **Progressive Neurological Conditions (PNC) including Multiple Sclerosis, Parkinson's disease and Motor Neurone disease.**

Exclusion Criteria:

- **People who are aged under 18**
- **People who are subject to detention under The Mental Health Act 1983 (amended 2007)**
- **People living with a primary diagnosis of dementia.**

Outcomes

Evaluation of the effectiveness of rehabilitation and therapeutic programmes takes place using observational recording, therapy specific measures and clinical supervision. Progress is reviewed at weekly MDT meetings.

Widely accepted and industry recognised outcome measure are routinely completed on admission, at major reviews of progress and at discharge. These measures underpin goal planning and track the person's responses to rehabilitation and care with a focus on quality of life.

How to find us:

By Car: Situated within the M25, close to London there are good transport links. Please note there is limited car parking available on site.

By Train and Underground: Lakefields Neurological Centre is within walking distance of Grange Hill underground station which is on the Transport for London Central Line. The are various overground stations close to Chigwell including Chingford and Ilford.

Referrals

Referrals may be made by providers or commissioning staff and Case Managers from NHS Integrated Care Boards (ICBs), NHS Trusts, and Local Authorities. We also accept enquiries from Independent Case Management Services or individuals and their families who wish to fund their care or therapy privately.

Contact details:

Lakefields Neurological Centre
Lambourne Rd,
Chigwell IG7 6HH

T: 020 3668 3490
E: lakefields@elysiumhealthcare.co.uk

Get in touch

For further information, to arrange a visit, or make a referral, please call our **24 hour referral line** on: **0800 218 2398** or email: **referrals@elysiumhealthcare.co.uk**

This information is available in different languages, Braille, Easy Read and BSL on request

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