

Blake Ward at Spring Wood Lodge

Psychiatric Intensive Care Unit (PICU) for women

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Overview of the Service

Blake Ward is a six-bed PICU service for women which provides emergency care for those experiencing an acute psychiatric crisis. The aim of the service is to stabilise patients through assessment, care, and support in the least restrictive environment possible. The goal is to enable the patient to continue their recovery in a less acute setting, be returned to home area services, or be discharged into the community.



Environment

Each of the bedrooms on Blake Ward are en-suite and there are communal areas for people to socialise in. The ward is a purpose-built design which integrates best practice in both environmental performance and clinical care, in order to create a therapeutic environment.

The service provides a full Multidisciplinary Team (MDT) comprising of Nurses, Psychiatrists, Occupational Therapists, Social Worker and Psychologists. On admission the team works with the patient to create a discharge plan with aims and objectives as to how to reach their recovery goals.



Patient Profile

- Women aged 18 years and over
- Detained under the Mental Health Act 1983 (amended 2007)
- Assessed as suffering from an acute mental illness, who are at significant risk to themselves or others and cannot be treated in an open environment
- Primary diagnosis may include acute depressive illness, psychosis, schizophrenia, bipolar disorder
- Secondary diagnosis may also include alcohol and substance misuse issues and personality disorder
- Risk of absconsion from a lower-level care setting